"Living In The Red"

So many people today feel like their stress level is "in the red" so to say. They feel like if something does not "give" or change for the better soon that they will not be able to handle the situations they are facing anymore. Let me offer some hope to any Believer in Jesus the Christ who feels this way.

¹⁹ Praise be to the Lord, to God our Savior, who daily bears our burdens. Selah Psalm 68:19 (NIV)

Jesus died and rose again to carry our burdens-this includes stress and it's causes

³ He was despised and rejected by men, a man of sorrows, and familiar with suffering. Like one from whom men hide their faces he was despised, and we esteemed him not. ⁴ Surely he took up our infirmities and carried our sorrows, yet we considered him stricken by God, smitten by him, and afflicted. 5 But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was upon him, and by his wounds we are healed. Isaiah 53:3-5 (NIV) (emphasis added)

"Yes, yes, yes I've known

By Mrs. Sojourner

these scriptures for years," some of you may say. This may be true, but have you applied the truth in these scriptures to what you now face? Have you taken your burdens to the Lord? Have you asked him to help you deal with them and then chosen to trust him with the burdens—even trusting him enough to leave them at his feet while you walk out the life of rest and peace that he has for you? This takes a conscious decision. It may, at first, take a conscious decision every time a "crisis" comes up until trusting God with the burdens becomes a habit—a way of life—life out of the red zone.



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Notes:

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Sojourning

Vol. 8 No. 7 February 15, 2009

...with The Sojourner

"Fan The Flame!"

(Teaching Sketch)

2 Timothy 1:6-7 (NIV)



have been reminded of your sincere faith."

These are the words of the Apostle Paul to Timothy as he encourages him to fan the flame of the gift of God in him.

The First Gift

You may say, "I have no special gift." The first gift each of us possesses is the gift of life.

It is interesting how easily gifts no longer seem like gifts once they are possessed. Scripture says to be thankful in all things. Life is therefore something in which to be thankful.

People often express their dissatisfaction with and in their lives not giving a moments consideration that life itself is the basic thing in which to be thankful. How more basic can it get than ones very existence. Then to not acknowledge how life is a gift which can be lived to its fullest by the very person who has been given free will to do so over looks the very bed rock of human creation by the Creator.

The Book of Genesis clearly says and shows mankind as the

highest form of creation on planet earth! Yet, so many people disparage or ignore the fact that life is the most basic gift of all and that with out this first gift there would be little reason for additional gifts.

The Second Gift

The second gift is the gift of eternal life offered through Jesus Christ, alone. Oh ves, there are skills and abilities in this life but they will be considered later.

The gift of eternal life with God in the "here and now" transcends not only the "here and now" but reaches into eternity as well. This fact is not often understood but needs very much to be understood. Coming into God's Kingdom and thus inheriting

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Notes:

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"Fan The Flame!" (Teaching Sketch)

2 Timothy 1:6-7 (NIV)

Kev Scripture:

2 Timothy 1:6-7 (NIV)

⁶For this reason I remind you to fan into flame the gift of God, which is in you through the laying on of my hands. ⁷For God did not give us a spirit of timidity, but a spirit of power, of love and of selfdiscipline.

1 Timothy 4:13-16 (NIV)

¹³Until I come, devote yourself to the public reading of Scripture, to preaching and to teaching. ¹⁴Do not neglect your gift, which was given you through a prophetic message when the body of elders laid their hands on you. ¹⁵Be diligent in these matters; give yourself wholly to them, so that everyone may see your progress. ¹⁶Watch your life and doctrine closely. Persevere in them, because if you do, you will save both yourself and your hearers.



Notes:

Reaching For The Higher Life, Seeking God With All My Heart



Continued from page one.

eternal life means the special gifts of God are available to Believers in the "here and now" for the "here and now!"

The gifts found in Believers within God's Kingdom deliver relief from disease. poverty, deception, and every form of demonic power! The possessor of these gifts in no longer a

"Fan The Flame!"

(Teaching Sketch)

2 Timothy 1:6-7 (NIV)

Continued from page two.

victim but a conqueror!

Unnatural Gifts

These gifts of God are unnatural to the world and it's corrupt system but are natural and powerful in God's Kingdom for the pulling down of strongholds of the enemy, Satan.

Enjoy the Gifts

When a gift is given it is given to enhance and be a thing of joy to the person it is given. A gift is to be enjoyed. Enjoyment means to participate in the benefits of having and employing the gift in the manner for which it was designed.

The Apostle Paul understood this when he told Timothy to, "Fan into flame the gift of God." It is the responsibility of the receiver of the gift to make the most of the gift!



Just so you'll know:

Our service is informal. We look to the Holy Spirit of God to guide us corporately and individually.

Our service usually follows this general pattern:

- Informal fellowship & **sharing** of what we have seen the Lord do in, through, and around us since we last met.
 - Testimonies are a part of the conversation.
- **Opening Prayer**
- Praise, Worship, & Offerings, (Offerings to be placed in basket during Praise & Worship)

Words of Prophecy or Knowledge if they have been given during "Praise & Worship." (other times as the Spirit moves)

- The Pastoral Message
- **Prayer Requests**
 - Ministry to those present & intercession.
- The Blessing

"The Sojourner Live" Sunday, March 1st 10:00 PM (CST)

Broadcastina a message of The Kingdom Of Blessina. (Register online)

